

Presented by
The Hypertension Initiative of South Carolina
Carolinas & Georgia Chapter of ASH
Medical University of South Carolina



Experts in Hypertension Seminar Series
**Focus on Special
Populations**

Saturday, February 8, 2003

The Clarion Town House Hotel • Columbia, South Carolina

Jointly sponsored by
the Medical University of South Carolina
and the
Carolinas & Georgia Chapter of ASH
and co-sponsored by the
Nursing Center for Professional Development, College of Nursing

MUSC
MEDICAL UNIVERSITY
OF SOUTH CAROLINA

Discovering. Understanding. Healing.

Office of Continuing Medical Education, 100 Doughty Street, Suite 204, P.O. Box 250754, Charleston, S.C. 29425

Focus on Special Populations

Clarion Town House Hotel, Columbia, South Carolina

Credit Designation

The Medical University of South Carolina designates this educational activity for a maximum of 5.5 hours in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Family Physicians: Application for Continuing Medical Education credits has been filed with the American Academy of Family Physicians.

Determination of credits is pending.



The Medical University of South Carolina, Nursing Center for Professional Development, College of Nursing is accredited as a provider of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation, and designates this continuing education activity for a maximum of 6.5 hours.

Target Audience

The Experts in Hypertension Series course is designed specifically for primary care practitioners to include internists, family practice physicians, nurse practitioners and physician assistants in the southeast region.

Seminar Directors

Jan N. Basile, MD

Lead Physician, Primary Care
Ralph H. Johnson VAMC
Associate Professor of Medicine
Medical University of South Carolina
Charleston, South Carolina

David Keisler, MD

Chair, Department of Family and
Preventive Medicine
University of South Carolina School of Medicine
Columbia, South Carolina



The Carolinas & Georgia Chapter of ASH
Licensed by the American Society of
Hypertension

Guest Faculty

Paul Eleazer, MD

Professor of Medicine
Chief of Geriatrics
University of South Carolina School of Medicine
Columbia, South Carolina

Medical University of South Carolina Faculty

Ben Clyburn, MD

Assistant Professor of Medicine
Residency Program Director
Department of Internal Medicine

Brent Egan, MD

Professor of Medicine and Pharmacology
Director, Hypertension Initiative of South Carolina

Dan Lackland, DrPH

Professor
Department of Biometry and Epidemiology

Acknowledgement

The Hypertension Initiative and the Carolinas & Georgia Chapter of ASH would like to thank Merck, Pfizer and Department of Health & Environmental Control (DHEC)-Cardiovascular Division for their support of the Experts in Hypertension 2003 Educational Seminar Series.

Information/Questions

If you have any questions or require information regarding the Experts in Hypertension Educational Seminar Series, please call Kim Edwards at 843-792-1715.

Accommodations

Rooms have been reserved for this conference at the Clarion Town House Hotel, 1615 Gervais Street, Columbia, South Carolina. Their phone number is 803-771-8711. Conference Rates are **\$90.00**. Single or double. Room space will be held until **January 15, 2003**. Please identify yourself as a participant in this course to receive conference rates.

Focus on Special Populations

Clarion Town House Hotel, Columbia, South Carolina

Program Schedule

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| 7:30 Registration and Continental Breakfast | 12:00 Q & A |
| 8:30 Welcome, Review of Objectives Dr. David Keisler | 12:15 Lunch Roundtable Sessions Sign up for your choice of Roundtable topics on the attached registration form |
| 8:35 The Expanding Influence of the Hispanic Population in SC: Implications for our Practice? Dr. Dan Lackland | 1 - The Obese Hypertensive Dr. David Keisler |
| 9:05 Q & A | 2 - The Female With Hypertension Dr. Ben Clyburn |
| 9:15 Getting to Goal: Focus on Patient Adherence and the Critical Importance of the Patient-Provider Interaction. Dr. Brent Egan | 3 - The African-American Patient with HF Dr. Jan Basile |
| 9:45 Q & A | 4 - Systolic Hypertension in the Elderly Dr. Paul Eleazar |
| 9:55 Implications for Renin-Angiotensin System Blockade in Hypertension Dr. Ben Clyburn | 5 - Diabetes in the Medicaid Population Dr. Dan Lackland |
| 10:25 Q & A | 6 - Lifestyle Changes Dr. Brent Egan |
| 10:35 Break | 1:15 The ALLHAT Trial: Implications for the Practicing Physician Dr. Jan Basile |
| 10:50 Should The African-American Patient be Denied Renin-Angiotensin System Blockade? The LIFE Factor Dr. Jan Basile | 1:45 Q & A |
| 11:20 Q & A | 1:55 The ASH Hypertension Specialist and the Carolinas-Georgia ASH Chapter Hypertension Initiative Data Feedback Program/Enrollment Dr. Brent Egan |
| 11:30 Treating the Elderly Patient with Hypertension Dr. Paul Eleazar | 2:30 Adjourn |

Accreditation Statement

This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through joint sponsorship with the Medical University of South Carolina and the Carolinas & Georgia Chapter of the American Society of Hypertension. The Medical University of South Carolina is accredited by the ACCME to provide continuing medical education for physicians.

Endorsement

The Hypertension Initiative is endorsed by the Carolinas & Georgia Chapter of ASH, the South Carolina Medical Association, the AHA Stroke Task Force, and the Diabetes Initiative of SC.



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Seminar Description

The Hypertension Initiative of South Carolina and the Carolinas & Georgia Chapter of ASH is a collaborative effort to reduce cardiovascular disease by improving blood pressure control. To achieve this objective, the Initiative and the Carolinas & Georgia Chapter of ASH plan to train physicians in Georgia, North and South Carolina to become Hypertension Experts for their communities. These experts will provide hypertension education to their colleagues, receive referrals and consultations, and track hypertension control rates. Physicians are able to be involved in a data monitoring and feedback program which will provide a quarterly review of each physicians progress to goal.

Objectives

At the conclusion of this seminar you should be able to :

- Describe the implications of an expanding Hispanic population with hypertension in South Carolina
- Discuss the critical importance of the patient-provider relationship toward improving adherence in the hypertension population
- Describe the pathophysiologic mechanisms and the clinical situations where blockade of the Renin-Angiotensin system will improve outcome
- Discuss the unique aspects of treating the elderly hypertensive and the challenges that exist in treating systolic hypertension
- Discuss the evidence from the ALLHAT Trial and its implications for the treatment of hypertension
- Describe the ASH clinical specialist program and the mission of the Carolina-Georgia ASH chapter

National Certification Exam

ASH Clinical Hypertension Specialist
May 17, 2003
Marriott Marquis Hotel
New York, New York
and
Charleston, South Carolina
(Site to be determined)

Experts in Hypertension Seminar Series

Focus on Special Populations

February 8, 2003

Name _____ Degree _____
Address _____
City _____ State _____
County _____ Zip _____
Office Phone # (_____) _____ - _____
Home Phone # (_____) _____ - _____
Fax # (_____) _____ - _____
e-mail _____
Specialty _____

Conference Registration Fee

Your \$50 registration fee includes continental breakfast, breaks, lunch seminar syllabus, Experts in Hypertension Certificate and CME credit letter. Registration fee is waived for Residents and Fellows.

Payment Method: ☐ Check (payable to MUSC - Office of CME)
☐ Visa, ☐ Mastercard,

Card # _____

Expiration Date: _____

Signature: _____

Send registration form with payment to:

Medical University of South Carolina
Office of CME
100 Doughty Street, Suite 204
P.O. Box 250754
Charleston, SC 29425
Phone: Toll free - 866-637-6835 or 843-876-1925
Fax: 843-876-1931

Questions, should be directed to Office of CME, Medical University of South Carolina, at the number above.

Lunch Roundtables

During lunch on Saturday you will have the opportunity to join our faculty for discussion on the topics below.

Please select your first and second choice by topic number.

- 1 - The Obese Hypertensive**
- 2 - The Female With Hypertension**
- 3 - The African-American Patient with HF**
- 4 - Systolic Hypertension in the Elderly**
- 5 - Diabetes in the Medicaid Population**
- 6 - Lifestyle Changes**

Please list your choice: 1st _____ 2nd _____